


<b>Crew Name(s):</b>	rty	<b>Date &amp; Shift:</b>	24/10/2025	<b>DAY</b>
<b>Supervisor Name:</b>	fgh	<b>Supervisor Signature:</b>		

**STEP 1: SIGNS AND SYMPTOMS (please tick)**

Has there been a change in the crew's behavior? If so, what have you observed and who?

APPROACH	tertghf
Physical symptoms	<input checked="" type="checkbox"/> Eyes bloodshot <input checked="" type="checkbox"/> Poor co-ordination <input type="checkbox"/> Slower movements <input type="checkbox"/> Other
Mental functioning	<input checked="" type="checkbox"/> Distracted from task <input checked="" type="checkbox"/> Short term memory loss (forgets instruction) <input type="checkbox"/> Zombie like behaviour <input type="checkbox"/> Poor concentration <input type="checkbox"/> Nodding off momentarily <input type="checkbox"/> Other
Emotion / motivation	<input type="checkbox"/> Seems depressed like behaviour <input checked="" type="checkbox"/> Easily frustrated with tasks <input type="checkbox"/> Irritable <input type="checkbox"/> Other

## STEP 2: RISK

Has a fatigue related incident occurred? <b>fgh</b>	Is there a reason for not enough sleep or poor sleep (stress, relationship, childcare, substance use etc)? <b>456456</b>
Has an employee self-report/ by another person/ been identified as at risk of fatigue? <b>fgh</b>	What tasks have they been performing? <b>45gfh</b>
Is there a risk associated with an employee's functioning/ behaviour? <b>fgh</b>	Are those tasks 'high-risk' for fatigue (e.g. repetitious or entail not constant activity)? <b>gfhf</b>
What is the employee's explanation for the behaviour you have observed? <b>5</b>	If yes, how long have they been working on that task? <b>fgh</b>
How many hours since the employee last slept? <b>fgh56</b>	How long was the break? <b>fgh</b>
When did they last have a break? <b>456546</b>	when did they last drink water or eat something (dehydrated or hungry)? <b>fgh</b>
How do they usually prevent fatigue? <b>456</b>	How do they usually prevent fatigue? <b>456</b>
Opinion regarding level of fatigue: <input checked="" type="checkbox"/> Unsafe to work <input type="checkbox"/> Safe to work <input type="checkbox"/> Restricted duties	

TIME IN	Area:	Step 1 Status	Step 2 Status	COMMENT	PC Signature	PC TIME OUT
19:34	fgh	gh	fghg	fgh		19:34

